

St. Augustine's Catholic Primary School



Nut Awareness Policy

Content: Nut Free / Nut Awareness Policy

Last reviewed on: September 2022

Next review due by: September 2025

1. Aims

This policy is being introduced as we have a number of children in the school with severe nut allergies. These children may suffer an allergic reaction following primary/ direct touch or secondary /indirect touch e.g. if someone eating nuts touches their arm, following airborne contamination or ingestion of the allergen. While we can never fully guarantee that any child will not come into contact with nuts, we need to do whatever we can to make the school as safe an environment as possible. As children grow older they will need to learn to become responsible for managing their allergy but we need to ensure that we can provide a modified, safe environment in which to do so.

2. Education / Risk Management

To improve the safety of the school environment and reduce the risk of children or staff having an allergy related event we will:

- Explain the risk to parents through the website, school newsletters and pupils through assemblies
- Request that parents / carers do not send food to school that contains nuts (especially peanuts). This includes all types of nuts, peanut butter, nutella and food containing nuts. This will include packed lunches / snacks / cakes for cake sales etc.
- Encourage pupils not to share food.
- Liaise with parents and carers of children who suffer from allergies and put medical plans in place where appropriate. Request that all parents provide the school with relevant medical documents and medication.
- Share all key medical information with staff (all key medical information will be added to Arbor – our management information system)
- Ensure that any school caterers comply with the nut awareness policy. This also applies to extra-curricular clubs such as STARS and Breakfast club.
- Educate staff and pupils about nut allergies at an appropriate level. We will also provide staff with training in dealing with Anaphylaxis and the use of Epi-pens.
- Ensure that all medical information is included on risk assessments
- Encourage pupils to wash their hands before and after meals.
- Supervise children eating at lunchtime.

- Check that we do not use any nuts in food prepared and cooked on site (e.g. D.T. lessons) however we cannot guarantee freedom from nut traces. We are aware of the inconvenience that checking food labels and ingredients may cause, however we are sure that everyone will appreciate the importance of this request.

It is the responsibility of all staff to ensure that the nut awareness policy is implemented.

Linked Policies:

- Behaviour Policy
- Equality Policy and Objectives
- Health and Safety
- Administration of Medicines